



SOUNDVIEW FAMILY YMCA PROGRAM SCHEDULE



Soundview Family YMCA - 2010 Winter 1 Programs

| Program Descriptions | Ages | Dates | Days | Times | Members | Non Members | Location | |
|------------------------------|-------------------------------|-----------------|--|----------------|--------------------------------|---------------|---------------|--|
| Swim Lessons | Parent & Child | 6months - 3 yrs | January 4th - February 1st (no classes 1/18) | Mon. & Wed. | 5:00pm-5:30pm | \$75.00 | \$110.00 | Baymont Inn & Suites (formerly Best Western) |
| | | | January 5th - January 28th | Tues. & Thurs. | 9:30am-10:00am | \$75.00 | \$110.00 | |
| | | | January 17th - February 14th | Sundays | 3:45pm-4:30pm | \$75.00 | \$110.00 | |
| | Pike | 3 - 5 yrs | January 4th - February 1st (no classes 1/18) | Mon. & Wed. | 5:30pm-6:00pm | \$75.00 | \$110.00 | |
| | | | January 5th - January 28th | Tues. & Thurs. | 10:00am-10:30am | \$75.00 | \$110.00 | |
| | | | January 17th - February 14th | Sundays | 3:00pm-3:45pm or 4:30pm-5:15pm | \$75.00 | \$110.00 | |
| | Eel | 3 - 5 yrs | January 4th - February 1st (no classes 1/18) | Mon. & Wed. | 6:00pm-6:30pm | \$75.00 | \$110.00 | |
| | | | January 5th - January 28th | Tues. & Thurs. | 10:30am-11:00am | \$75.00 | \$110.00 | |
| | | | January 17th - February 14th | Sundays | 5:15pm-6:00pm | \$75.00 | \$110.00 | |
| | Polliwog | 6 - 12yrs | January 4th - February 1st (no classes 1/18) | Mon. & Wed. | 6:30pm-7:00pm | \$75.00 | \$110.00 | |
| January 17th - February 14th | | | Sundays | 6:00pm-6:45pm | \$75.00 | \$110.00 | | |
| December Vacation Camp | Full Week | 4 - 14 yrs | December 28th - December 31st | Mon. - Thurs. | 9:00am - 4:00pm | \$140.00/week | \$175.00/week | CT Sportsplex |
| | Individual Days | 4 - 14yrs | | Mon. - Thurs. | 9:00am - 4:00pm | \$40.00/day | \$50.00/day | |
| | Pre Camp | 4 - 14 yrs | | Mon. - Thurs. | 8:00am - 9:00am | \$5.00/day | \$7.00/day | |
| | Post Camp | 4 - 14 yrs | | Mon. - Thurs. | 4:00pm - 5:00pm | \$5.00/day | \$7.00/day | |
| Youth Programs | Creative Kidz (parent/child) | 2 - 4 yrs | January 9th - February 13th | Saturdays | 9:30am-10:15am | \$75.00 | \$110.00 | Soundview YMCA Office |
| | Weird & Wacky | 5 - 8 yrs | | | 10:30am-11:30am | \$75.00 | \$110.00 | |
| | We Just Wanna Have Fun | 9 - 12 yrs | | | 11:45am-12:45pm | \$75.00 | \$110.00 | |
| Youth Super Sports | Tiny Tigers Karate | 3 - 5 yrs | January 4th - February 8th | Mondays | 5:30pm-6:00pm | \$80.00 | \$115.00 | Dojo of Modern Karate |
| | Biddy Basketball | 4 - 6 yrs | January 6th - February 10th | Wednesdays | 6:00pm-7:00pm | \$75.00 | \$110.00 | John B Sliney Elementary |
| | Sports Sampler | 7 - 10 yrs | January 5th - February 9th | Tuesdays | 6:00pm-7:30pm | \$75.00 | \$110.00 | John B Sliney Elementary |
| | Youth Karate Lessons | 6 - 13 yrs | January 7th - February 11th | Thursdays | 5:30pm-6:15pm | \$80.00 | \$115.00 | Dojo of Modern Karate |
| Teen Programs | Teen Karate Lessons | 14 - 17 yrs | January 7th - February 11th | Thursdays | 6:45pm-7:30pm | \$80.00 | \$115.00 | Dojo of Modern Karate |
| | Traveling Teens (Ski Trip) | 11 - 15 yrs | TBD | Saturdays | TBD | Varies | Varies | Mount Southington |
| | Babysitting Course (ARC) | 11 - 15 yrs | TBD | Tues.-Thurs. | 3:00pm-6:00pm | \$80.00 | \$115.00 | TBD |
| | School's Out Ski Club | 11 - 17 yrs | Jan. 8, 15, 22, 29, Feb 5, 12, 26 | Fridays | 2:45pm-8:30pm | Varies | Varies | Mount Southington |
| Adult Programs | Adult Karate Lessons | 18 - Up | January 7th - February 11th | Thursdays | 6:45pm-7:30pm | \$80.00 | \$115.00 | Dojo of Modern Karate |
| Water Fitness | Shape Up Aquatics | 18 - Up | January 4th - February 24th | Mon. & Wed. | 11:30am-12:30pm | \$135.00 | \$170.00 | Evergreen Woods |
| | Joints In Motion | 18 - Up | | Mon. & Wed. | 12:30pm-1:30pm | \$135.00 | \$170.00 | |
| | Shape Up Aquatics | 18 - Up | January 5th - February 25th | Tues. & Thurs. | 10:00am-11:00am | \$135.00 | \$170.00 | |
| | Arthritis Foundation Aquatics | 18 - Up | | Tues. & Thurs. | 11:00am-12:00pm | \$135.00 | \$170.00 | |
| | Shape Up Aquatics | 18 - Up | | Tues. & Thurs. | 12:00pm-1:00pm | \$135.00 | \$170.00 | |

FOR MORE INFORMATION CHECK OUR WEBSITE www.soundviewymca.org OR CALL 481-9622

TURN OVER



SOUNDVIEW FAMILY YMCA PROGRAM SCHEDULE



Soundview Family YMCA - 2010 Winter 2 Programs

| Program Descriptions | Ages | Dates | Days | Times | Members | Non Members | Location | | |
|----------------------------|-------------------------------|-----------------|--|----------------|--------------------------------|-----------------|---------------|---|-------------|
| Swim Lessons | Parent & Child | 6months - 3 yrs | February 22nd - March 17th | Mon. & Wed. | 5:00pm-5:30pm | \$75.00 | \$110.00 | Baymont Inn & Suites (formerly Best Western) | |
| | | | February 23 - March 18th | Tues. & Thurs. | 9:30am-10:00am | \$75.00 | \$110.00 | | |
| | | | February 28th - March 28th | Sundays | 3:45pm-4:30pm | \$75.00 | \$110.00 | | |
| | Pike | 3 - 5 yrs | February 22nd - March 17th | Mon. & Wed. | 5:30pm-6:00pm | \$75.00 | \$110.00 | | |
| | | | February 23 - March 18th | Tues. & Thurs. | 10:00am-10:30am | \$75.00 | \$110.00 | | |
| | | | February 28th - March 28th | Sundays | 3:00pm-3:45pm or 4:30pm-5:15pm | \$75.00 | \$110.00 | | |
| | Eel | 3 - 5 yrs | February 22nd - March 17th | Mon. & Wed. | 6:00pm-6:30pm | \$75.00 | \$110.00 | | |
| | | | February 23 - March 18th | Tues. & Thurs. | 10:30am-11:00am | \$75.00 | \$110.00 | | |
| | | | February 28th - March 28th | Sundays | 5:15pm-6:00pm | \$75.00 | \$110.00 | | |
| | Polliwog | 6 - 12yrs | February 22nd - March 17th | Mon. & Wed. | 6:30pm-7:00pm | \$75.00 | \$110.00 | | |
| February 28th - March 28th | | | Sundays | 6:00pm-6:45pm | \$75.00 | \$110.00 | | | |
| February Vacation Camp | Full Week | 4 - 14 yrs | February 15th - February 19th | Mon. - Fri. | 9:00am - 4:00pm | \$175.00/week | \$225.00/week | CT Sportsplex | |
| | Individual Days | | | 4 - 14yrs | Mon. - Fri. | 9:00am - 4:00pm | \$40.00/day | | \$50.00/day |
| | Pre Camp | | | 4 - 14 yrs | Mon. - Fri. | 8:00am - 9:00am | \$5.00/day | | \$7.00/day |
| | Post Camp | | | 4 - 14 yrs | Mon. - Fri. | 4:00pm - 5:30pm | \$7.00/day | | \$9.00/day |
| Youth Programs | Creative Kidz (parent/child) | 2 - 4 yrs | March 6th - April 10th | Saturdays | 9:30am-10:15am | \$75.00 | \$110.00 | Soundview YMCA Office | |
| | Weird & Wacky | 5 - 8 yrs | | | 10:30am-11:30am | \$75.00 | \$110.00 | | |
| | We Just Wanna Have Fun | 9 - 12 yrs | | | 11:45am-12:45pm | \$75.00 | \$110.00 | | |
| Youth Super Sports | Tiny Tigers Karate | 3 - 5 yrs | March 1st - April 5th | Mondays | 5:30pm-6:00pm | \$80.00 | \$115.00 | Dojo of Modern Karate | |
| | Biddy Basketball | 4 - 6 yrs | March 3rd - April 7th | Wednesdays | 6:00pm-7:00pm | \$75.00 | \$110.00 | John B Sliney Elementary | |
| | Sports Sampler | 7 - 10 yrs | March 2nd - April 6th | Tuesdays | 6:00pm-7:30pm | \$75.00 | \$110.00 | John B Sliney Elementary | |
| | Youth Karate Lessons | 6 - 13 yrs | March 4th - April 8th | Thursdays | 5:30pm-6:15pm | \$80.00 | \$115.00 | Dojo of Modern Karate | |
| Teen Programs | Teen Karate Lessons | 14 - 17 yrs | March 4th - April 8th | Thursdays | 6:45pm-7:30pm | \$80.00 | \$115.00 | Dojo of Modern Karate | |
| | Traveling Teens | 13 - 15 yrs | TBD | Saturday | TBD | Varies | Varies | TBD | |
| | Babysitting Course (ARC) | 11 - 15 yrs | TBD | Tues.-Thurs. | 3:00pm-6:00pm | \$80.00 | \$115.00 | TBD | |
| | Sports Spectacular | 11 - 15 yrs | March 12th - April 23rd (no class 4/16) | Fridays | 6:00pm-7:30pm | \$75.00 | \$110.00 | John B Sliney Elementary | |
| Adult Programs | Adult Karate Lessons | 18 - Up | March 4th - April 8th | Thursdays | 6:45pm-7:30pm | \$80.00 | \$115.00 | Dojo of Modern Karate | |
| Water Fitness | Shape Up Aquatics | 18 - Up | March 1st - April 14th | Mon. & Wed. | 11:30am-12:30pm | \$135.00 | \$170.00 | Evergreen Woods | |
| | Joints In Motion | 18 - Up | | Mon. & Wed. | 12:30pm-1:30pm | \$135.00 | \$170.00 | | |
| | Shape Up Aquatics | 18 - Up | March 2nd - April 15th | Tues. & Thurs. | 10:00am-11:00am | \$135.00 | \$170.00 | | |
| | Arthritis Foundation Aquatics | 18 - Up | | Tues. & Thurs. | 11:00am-12:00pm | \$135.00 | \$170.00 | | |
| | Shape Up Aquatics | 18 - Up | | Tues. & Thurs. | 12:00pm-1:00pm | \$135.00 | \$170.00 | | |

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