



SOUNDVIEW FAMILY YMCA PROGRAM SCHEDULE



Summer 2009 Aquatic Programs

Program Descriptions		Ages	Days	Times	Dates	Members	Non Members	Location
Outdoor Program Center Memberships	Teen	13 - 17yrs	Mon - Sat	8:00am - 8:00pm	5/23 - 9/27	\$200.00	Must be a Soundview YMCA Member	CT Hospice Pool in Branford
	Adult	18 - 64yrs				\$350.00		
	Active Older Adult	65yrs - Up	Sundays	12:00pm - 6:00pm		\$200.00		
	Family	ALL				\$550.00		
CT Hospice Morning Swim Lessons	Guppy or Minnow	6 - 12yrs	Mon. - Fri.	8:30am-9:00am	Session A: 6/15-6/26 Session 1: 6/29-7/10 Session 2: 7/20-7/31 Session 3: 8/3 -8/14 Session 4: 8/17 - 8/28	\$80.00/2 weeks Sessions A - 4	\$115.00/2 weeks Sessions A - 4	CT Hospice Pool in Branford
	Eel or Ray/Starfish	3 - 5yrs	Mon. - Fri.	9:00am-9:30am				
	Poliwog	6 - 12yrs	Mon. - Fri.	9:00am-9:30am				
	Parent & Child	6months - 3 yrs	Mon. - Fri.	9:30am-10:00am				
	Fish or Flying Fish	6 - 14yrs	Mon. - Fri.	9:30am-10:00am				
	Pike	3 - 5yrs	Mon. - Fri.	10:00am-10:30am				
	Poliwog	6 - 12yrs	Mon. - Fri.	10:00am-10:30am				
	Pike	3 - 5yrs	Mon. - Fri.	10:30am-11:00am				
	Ray/Starfish	3 - 5 yrs	Mon. - Fri.	10:30am-11:00am				
	Guppy or Minnow	6 - 12 yrs	Mon. - Fri.	11:00am-11:30am				
Parent & Child	6months - 3 yrs	Mon. - Fri.	11:00am-11:30am					
CT Hospice Evening Swim Lessons	Pike	3 - 5 yrs	Mon.-Fri.	5:00pm-5:30pm	Session A: 6/15-6/26 Session 1: 6/29-7/10 Session 2: 7/20-7/31 Session 3: 8/3 -8/14 Session 4: 8/17 - 8/28	\$80.00/2 weeks Sessions A - 4	\$115.00/2 weeks Sessions A - 4	CT Hospice Pool in Branford
	Parent & Child	6months - 3 yrs	Mon.-Fri.	5:30pm-6:00pm				
	Guppy or Minnow	6 - 12yrs	Mon.-Fri.	5:30pm-6:00pm				
	Eel or Ray/Starfish	3 - 5 yrs	Mon.-Fri.	6:00pm-6:30pm				
	Poliwog	6 - 12yrs	Mon.-Fri.	6:00pm-6:30pm				
	Fish or Flying Fish	6 - 14yrs	Mon.-Fri.	6:30pm-7:00pm				
CT Hospice Saturday Swim Lessons	Ray/Starfish	3 - 5 yrs	Saturdays	8:00am-8:30am	7/11 - 8/15	\$80.00/6 weeks Saturdays Only	\$115.00/6 weeks Saturdays Only	CT Hospice Pool in Branford
	Fish or Flying Fish	6 - 14yrs	Saturdays	8:00am-8:30am				
	Guppy or Minnow	6 - 12yrs	Saturdays	8:30am-9:00am				
	Eel or Ray/Starfish	3 - 5yrs	Saturdays	9:00am-9:30am				
	Poliwog	6 - 12yrs	Saturdays	9:00am-9:30am				
	Pike	3 - 5yrs	Saturdays	9:30am-10:00am				
	Ray/Starfish	3 - 5yrs	Saturdays	9:30am-10:00am				
	Pike	3 - 5yrs	Saturdays	10:00am-10:30am				
	Poliwog	6 - 12yrs	Saturdays	10:00am-10:30am				
	Parent & Child	6months - 3 yrs	Saturdays	10:30am-11:00am				
	Parent & Child	6months - 3 yrs	Saturdays	11:00am-11:30am				
	Guppy or Minnow	6 - 12yrs	Saturdays	11:00am-11:30am				
Super Special Swimmers	Parent & Child Class	3 - 5yrs	Mon. & Wed.	4:00pm-5:00pm	Session 1: 6/8 - 7/2	\$100.00/4 weeks	\$135.00/4 weeks	CT Hospice Pool In Branford
	Assisted Class	6 - 14yrs	Tues. & Thurs.	4:00pm-5:00pm	Session 2: 7/27 - 8/20			
Private Swim Lessons	Individual	ALL AGES	Mon. - Sat.	Varies	5/26 - 9/1		Must be a Soundview YMCA Member	CT Hospice Pool In Branford
	Additional Child							
CT Hospice Water Fitness	Morning Aqua-cise	18 - Up	Monday Tuesday Thursday Friday	11:00am-12:00pm	Session 1: 6/8-7/10	\$50/2days a week \$75/3days a week \$100/4days a week \$50/2days a week \$75/3days a week	\$85/2days a week \$110/3days a week \$135/4days a week \$85/2days a week \$110/3days a week	CT Hospice Pool In Branford
	Evening Aqua-cise		Mon., Wed., Fri.	6:30pm-7:30pm	Session 2: 7/20-8/21			
THE CT HOSPICE POOL WILL BE CLOSED FOR SCHEDULED MAINTENANCE JULY 13th-JULY 17th								
GYC Swim Lessons	Fish or Flying Fish	6 - 14 yrs	M, T, Th, F	8:45am-9:30am	Session A: 6/15-6/26 Session 1: 6/29-7/10 Session 2: 7/13-7/24 Session 3: 7/27-8/7 Session 4: 8/10-8/21	\$80.00/2 weeks Sessions A - 4	\$115.00/2 weeks Sessions A - 4	Guilford Yacht Club
	Ray/Starfish	3 - 5 yrs	Mon. - Fri.	9:30am-10:00am				
	Pike	3 - 5 yrs	Mon. - Fri.	10:00am-10:30am				
	Eel	3 - 5 yrs	Mon. - Fri.	10:30am-11:00am				
	Fish or Flying Fish	6 - 14 yrs	M, T, Th, F	8:45am-9:30am				
	Poliwog, Guppy or Minnow	6 - 12 yrs	Mon. - Fri.	9:30am-10:00am				
	Pike	3 - 5 yrs	Mon. - Fri.	10:00am-10:30am				
Eel or Ray/Starfish	3 - 5 yrs	Mon. - Fri.	10:30am-11:00am					
GYC Water Fitness	Morning Aqua-cise	18 - Up	Monday Tuesday Thursday Friday	8:00am-9:00am	Session 1: 6/8-7/10	\$50/2days a week \$75/3days a week \$100/4days a week	\$85/2days a week \$110/3days a week \$135/4days a week	Guilford Yacht Club
					Session 2: 7/20-8/21			

FOR MORE INFORMATION CHECK OUR WEBSITE www.soundviewymca.org OR CALL 481-9622

Turn Over



SOUNDVIEW FAMILY YMCA PROGRAM SCHEDULE



Summer 2009 Programs

Program Descriptions		Ages	Days	Times	Dates	Members	Non Members	Location
Summer Camps	School's Out for Summer	4 - 14yrs	Mon. - Fri.	9:00am-4:00pm	6/29 - 8/7	Varies	Varies	Guilford Lakes Elementary School
	Soundview Day Camp	3 - 15yrs	Mon. - Fri.	9:00am-4:00pm	6/29-8/21	Varies	Varies	Jerome Harrison Elementary School North Branford
Sailing School	Beginner & Intermediates	7 - 16yrs	Mon. - Fri.	9:00am-12:00pm or 1:00pm-4:00pm	Week 1: 6/29-7/3	\$175/1 week \$335/2 weeks \$500/3 weeks 665/4 weeks Boat Rental is an additional \$50/week	\$210/1 week \$370/2 weeks \$535/3 weeks \$700/4 weeks Boat Rental is an additional \$50/week	Guilford Yacht Club
					Week 2: 7/6-7/10			
					Week 3: 7/13-7/17			
					Week 4: 7/20-7/24			
					Week 5: 7/27-7/31			
					Week 6: 8/3-8/7			
					Week 7: 8/10-8/14			
					Week8: 8/17-8/21			
Youth Super Sports	Backyard Sports	4 - 14 yrs	Mon. & Wed.	4:30pm - 5:30pm or 6:00pm - 7:00pm	Choose 3 weeks	\$85.00/participant FREE for Home Owners Child	Home owner must be a YMCA Family Member	Your Neighborhood
	T-Ball		Tues. & Thurs.	5:00pm - 6:00pm				
	Lil Racquet	4 - 6 yrs	Tuesdays	5:00pm - 6:00pm	July 7th - August 11th	\$75.00	\$110.00	Walsh Intermediate School
	Hot Shots Tennis	4 - 5 yrs	Wednesdays	3:45pm - 4:30pm	July 8th - August 12th	\$89.00	\$124.00	CT Hospice Courts
	Rising Stars Tennis	6 - 8 yrs	Wednesdays	4:30pm - 5:30pm	July 8th - August 12th	\$89.00	\$124.00	CT Hospice Courts
	Junior Achievers Tennis	9 - 14 yrs	Wednesdays	5:30pm - 6:30pm	July 8th - August 12th	\$89.00	\$124.00	CT Hospice Courts
	Flag Football	11 - 17 yrs	Wednesdays	6:30pm - 7:30pm	July 8th - August 12th	\$89.00	\$124.00	CT Hospice Courts
	Munchkin Soccer (parent/child)	5 - 8 yrs	Thursdays	5:00pm - 6:00pm	July 9th - August 13th	\$75.00	\$110.00	Walsh Intermediate School
	Pee Wee Soccer	2 - 4 yrs	Saturdays	9:30am - 10:15am	July 11th - August 15th	\$75.00	\$110.00	Walsh Intermediate School
	Lil Racquet	5 - 7 yrs	Saturdays	10:30am - 11:30am	July 11th - August 15th	\$75.00	\$110.00	Walsh Intermediate School
	Hot Shots Tennis	4 - 5 yrs	Saturdays	10:00am - 10:45am	July 11th - August 15th	\$89.00	\$124.00	CT Hospice Courts
	Rising Stars Tennis	6 - 8 yrs	Saturdays	10:45am - 11:45am	July 11th - August 15th	\$89.00	\$124.00	CT Hospice Courts
	Junior Achievers Tennis	9 - 14 yrs	Saturdays	11:45am - 12:45pm	July 11th - August 15th	\$89.00	\$124.00	CT Hospice Courts
Adult Programs	Adult Tennis Lessons	11 - 17 yrs	Saturdays	12:45pm - 1:45pm	July 11th - August 15th	\$89.00	\$124.00	CT Hospice Courts
	Adult Tennis Lessons	18 - Up	Mondays	6:30pm - 8:00pm	July 6th - August 10th	\$99.00	\$134.00	CT Hospice Courts
	Adult Tennis Lessons	18 - Up	Saturdays	8:30am - 10:00am	July 11th - August 15th	\$99.00	\$134.00	CT Hospice Courts
Evergreen Woods Water Fitness	Shape Up Aquatics	18 - Up	Mon. & Wed.	11:30am - 12:30pm	June 22nd - August 12th	\$135.00	\$170.00	Evergreen Woods
	Joints In Motion	18 - Up	Mon. & Wed.	12:30pm - 1:30pm	June 22nd - August 12th	\$135.00	\$170.00	Evergreen Woods
	Shape Up Aquatics	18 - Up	Tues. & Thurs.	10:00am - 11:00am	June 23rd - August 13th	\$135.00	\$170.00	Evergreen Woods
	Arthritis Foundation Aquatics	18 - Up	Tues. & Thurs.	11:00am - 12:00noon	June 23rd - August 13th	\$135.00	\$170.00	Evergreen Woods
	Shape Up Aquatics	18 - Up	Tues. & Thurs.	12:00noon - 1:00pm	June 23rd - August 13th	\$135.00	\$170.00	Evergreen Woods
Certification Courses	Lifeguard Certification	17 - Up	Sun. - Sat.	11:00am - 5:00pm (M-F) 9:00am-6:00pm (Saturday/Sunday)	June 14th - June 20th	\$265.00	\$300.00	CT Hospice Pool
	Swim Instructor Aid Course	15 - Up	Sunday	11:00am - 1:00pm	June 21st	\$25.00	\$65.00	Soundview YMCA Office
	Professional Rescuer CPR/AED	17 - Up	Saturday	10:00am - 2:00pm	June 20th	\$75.00	\$110.00	
	First Aid	11 - Up	Saturday	2:00pm - 6:00pm	June 20th	\$70.00	\$105.00	
Special Events	Splash Down - Water Safety	ALL	Tues. - Thurs.	1:00pm - 4:00pm	6/23 - 6/25	FREE	\$10.00	CT Hospice Pool
	Camp Carnival		TBD	4:00pm-6:00pm	TBD	Donation	Donation	Jerome Harrison Elementary School North Branford
	Branford Fireworks		TBD	TBD	TBD	FREE	Must be a Soundview YMCA Member	CT Hospice Pool

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